

# PSE CURRICULUM

TERM	AREA	YEAR 7M	YEAR 8	YEAR 9
1	SELF STUDY	Feelings-new school, personal and school values. Managing your time.	Feelings-self esteem, values – influences, school values, listening skills	Feelings – moods Values – human rights, study habits
1	HEALTH	Developing into adolescence – physical and emotional changes	Relationships contraception	AIDS – sexually transmitted diseases
1	RELATIONSHIPS	Bullying	Friendships Responsibilities	Becoming and adult - responsibilities
1	CITIZENSHIP	Childrens rights	You and local issues	You and global issues
2	SELF STUDY	Leisure time  Finding information	Reading  Note-taking	Decision-making  Options
2	HEALTH	Abuse-alcohol smoking, drugs, other substances	Abuse	Abuse
2	RELATIONSHIPS	Family	Divided families	Family responsibility
2	CITIZENSHIP	Part of the school community	Local issues	World issues
3	SELF STUDY	Managing  Exam revision	Your future  Listening skills	Feelings – coping with stress Giving opinions
3	HEALTH	Safety in home	First aid	First aid
3	RELATIONSHIPS	Equality – Concern for disabled	Equality – Concern for the elderly	Equality – Concern for the mentally handicapped
3	CITIZENSHIP	Supporting charities	Peer pressure and prejudice	